Arbor Ros

TIME FOR

Joining others at meals com-forting one anoth er, playing cards, putting a puzzle together, enjoying music, crocheting, baking cookies, watching a movie or simply laughing together can make a difference in someone's day!



Programs are Subject to change!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THUR\$DAY	FRIDAY	\$ATURDAY
5	vember 6	⁷ 10:00 Morning Stretch and	10:00 Morning Social and Sing a Long 1:00 Good Life Fitness Group 1:15 Afternoon Snack 2:00 Catholic Mass 3:00 Music with Martin Piggott	10:00 Painting with Paul 1:00 Afternoon Stretch 2:00 Afternoon Snack 2:15 BINGO 3:30 Adult Coloring and Hobbies	3 10:00 Morning Social with Eve 1:00 Afternoon Stretch 2:00 Afternoon Snack 3:00 Music with David G 4:00 Adult Coloring	4 10:00 GOOD MORNING SOCIAL with LAURA 3:00 Piano Sing along with Don Olson 6:00 Classic Movies
10:30 SPIRITUAL MUSIC WITH LAURA 1:30 ACTIVITIES WITH LAURA 6:00 Classic Movies	10:00 Eucharistic Service Function Room 10:45 Sing a Long 1:00 Good Life Fitness Group 2:00 Afternoon Snack 2;30 Bingo 3:45 Table Top Games	Social with Eve 1:00 Afternoon Stretch 2:00 Afternoon Snack 2:30 Music with Airborne 3:45 Keep It Up	Sing a Long 1:00 Good Life Fitness Group	10:00 Morning Social and Sing a Long 1:00 BINGO 2:00 Afternoon Stretch and Snack 3:00 Music with Jack Lynn 4:00 Adult Coloring	10:15 Veteran's Celebration at Jerome Home 1:00 Afternoon Stretch 2:00 Afternoon Snack 2:15 BINGO 3:30 Arts and Crafts	10:00 GOOD MORNING SOCIAL with SANDY 2:00 Music with Tony Rarus 6:00 Classic Movies
10:30 SPIRITUAL MUSIC WITH SANDY 1:30 ACTIVITIES WITH SANDY 6:00 Classic Movies	13 10:00 Eucharistic Service Function Room 1:00 Good Life Fitness Group 2:00 Afternoon Snack 2:00 Music with Larry Battter 3:15 BINGO	14 10:00 Morning Social and Sing a Long with Laura 1:00 Afternoon Stretch 2:00 Afternoon Snack 2:00 Arm Chair Travel to Scotland 3:45 Table Top Games	15 10:00 Morning Social 10:30 Laura's Carpet Bag Mysteries 1:00 Good Life Fitness Group 2:00 Afternoon Snack 2:30 Music with Steve Kazlauskas 3:45 Adult Coloring	16 Teddy Bear Day! 10:00 Arts and Crafts with Laura 1:00 Scenic Ride 2:00 Afternoon Snack 2:15 BINGO 3:30 Keep It Up	17 10:00 Morning Social with Eve 2:00 Afternoon Snack 2:00 Music with Jack Bussman 3:30 Keep It Up	18 APPLE CIDER DAY! 10:00 GOOD MORNING SOCIAL with LAURA 1:30 ACTIVITIES WITH LAURA 3:00 Piano Sing along with Don Olson 6:00 Classic Movies
19 10:30 SPIRITUAL MUSIC WITH LAURA 1:30 ACTIVITIES WITH LAURA 6:00 Classic Movies	20 10:00 Eucharistic Service Function Room 10:45 Morning Sing a Long 1:00 Good Life Fitness Group 2:00 Afternoon Snack 2:00 Music with Shawn Taylor	21 10:00 Morning Stretch and Social with Eve 1:00 Painting with Eve 2:00 Afternoon Snack 2:15 BINGO 3:45 Keep It Up	22 10:00 Jeff the Plant Guy 10:00 Morning Social and Sing a Long 1:00 Good Life Fitness Group 2:00 Music with James Michael 3:15 HAPPY HOUR 3:30 Laura's Carpet Bag Mysteries	Happy Thanksgiving	24 10:00 Morning Social with Laura 11:00 Morning Stretch 1:00 Keep It Up 2:00 Afternoon Snack 2:00 Music with Chip Ames 3:45 Table Top Games and Hobbies	10:00 GOOD MORNING SOCIAL with SANDY 1:30 ACTIVITIES WITH SANDY 6:00 Classic Movies
26 SPIRITUAL MUSIC WITH SANDY 2:00 Kensington Congregational Church Sing A Long 6:00 Classic Movies	27 10:00 Eucharistic Service Function Room 1:00 Good Life Fitness Group 2:00 Afternoon Snack 2:30 Music with Bob Devitt 3:45 Hobbies and Adult Coloring	10:00 Morning Social and Sing a Long with Laura 1:00 Reminisce 2:00 Afternoon Snack 2:30 BINGO 3:45 Adult Coloring	29 10:00 Morning Social 1:00 Good Life Fitness Group 2:00 Afternoon Snack 2:30 Music with The Coconuts 3:30 Laura's Carpet Bag Mysteries	30 10:00 Morning Social and Sing a Long 1:00 Reminisce 2:00 Afternoon Snack 2:30 BINGO 3:45 Keep It Up		THE GARDENS OF ARBOR ROSE