

**TIME FOR FRIENDS**

Joining others at meals, comforting one another, playing cards, putting a puzzle together, enjoying music, crocheting, baking cookies, watching a movie or simply laughing together can make a difference in someone's



The Dakim Brain Gym, IN2L Computer, puzzles and coloring sheets are available for use at anytime!!



Programs are Subject to change!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:30 SPIRITUAL MUSIC WITH SANDY 1:00 Move to the Music 1:30 Bingo and Snack 2:30 Movie Matinee	2 10:00 Sing a Long 1:00 Baking Oatmeal Cookies 2:00 Afternoon Snack 2:30 Music w/ Kathy Gregory 3:45 Balloon Ball	3 <b>ELECTION DAY!</b> 10:00 Sing a Long 1:15 Presidential Facts 2:30 Bingo and Snack 2:30 Adult Coloring and Hobbies	4 10:00 Sing a Long 11:00 King Tut's Tomb Discovered 2:15 Afternoon Snack 2:30 CHAIR YOGA 3:30 Movie Matinee	5 10:00 Move to the Music 10:30 Read Aloud Lyrics 1:00 Pretty Nails 2:00 Good Life Fitness 2:30 Bingo and Snack 3:00 Movie Matinee	6 10:30 Music and Motion 1:30 BINGO 2:00 Afternoon Snack 2:30 Adult Coloring and Hobbies 3:45 Noodle Ball	7 10:00 Sing a Long 1:00 Craft Time 2:00 Afternoon Snack And Memory Magic 3:00 Balloon Ball 3:45 Movie Matinee
8 10:30 SPIRITUAL MUSIC WITH LAURA 1:00 World STEM DAY Science Experiments 2:00 BINGO 3:30 Movie Time	9 10:00 Sing a Long 2:00 Afternoon Snack 2:30 Music w/ Kathy Gregory 3:45 Balloon Ball	10 9:30 Move to the Music and Word Fun 1:30 Pretty Nails 2:30 BINGO and Snack 3:15 Movie Matinee	11 <b>VETERAN'S DAY</b> 10:30 Sing a Long 1:00 Origami Day Craft 2:30 CHAIR YOGA 3:30 Movie Matinee	12 10:00 Morning Music and Exercise 1:30 Baking with Laura 2:30 Afternoon Snack 3:00 Movie Matinee 3:30 Chicken Soup for the Soul Stories	13 10:30 Music and Motion 1:30 BINGO 2:00 Afternoon Snack 2:30 Adult Coloring and Hobbies 3:45 Balloon Ball	14 10:30 Arts and Crafts 1:00 Music and Nails 1:30 Balloon Toss 2:30 Movie Matinee & Snack
15 10:30 SPIRITUAL MUSIC WITH SANDY 1:00 Word Fun/ Proverbs 1:30 Bingo and Snack 2:30 Movie Matinee	16 <b>Happy Birthday Dotty!</b> 10:00 BINGO 1:00 Afternoon Crafts 2:00 Afternoon Snack 2:30 Music w/ Kathy Gregory 3:45 Balloon Ball	17 10:00 Morning Music and Exercise 1:30 BINGO 2:15 Afternoon Snack 3:45 Balloon Ball	18 9:30 Parachute Exercise & Opposites 1:30 Pretty Nails 2:30 CHAIR YOGA 3:30 Movie Matinee	19 10:00 Parachute Fun 10:30 Rhymes 1:00 Pretty Nails 2:00 Good Life Fitness 2:30 Bingo and Snack 3:00 Movie Matinee	20 10:30 Music and Motion 1:30 BINGO 2:00 Afternoon Snack 2:30 Adult Coloring and Hobbies 3:45 Balloon Ball	21 10:00 Baking with Laura 1:00 Fall Craft 2:00 Bingo and Snack 3:45 Afternoon Music And Stretch
22 10:30 SPIRITUAL MUSIC WITH LAURA 1:00 Name that Celebrity 2:00 Bingo 3:30 BalloonBall	23 10:30 Sing a Long 2:00 Afternoon Snack 2:30 Music w/ Kathy Gregory 3:45 Balloon Ball	24 10:00 Morning Sing a Long 1:00 Concentration 2:00 Snack 2:30 Adult Coloring and Hobbies 3:45 Balloon Ball	25 10:00 Thanksgiving Reminisce 10:30 Sing a Long 1:00 Thanksgiving Centerpieces 2:30 CHAIR YOGA 3:30 Movie Matinee	26 <b>Happy Thanksgiving Day</b> 	27 10:30 Music and Motion 1:30 BINGO 2:00 Afternoon Snack 2:30 Adult Coloring and Hobbies 3:45 Balloon Ball	28 10:30 Arts and Crafts 1:00 Music and Nails 1:30 Balloon Ball 2:30 Movie Matinee & Snack
29 10:30 SPIRITUAL MUSIC WITH SANDY 1:00 Word Fun/Opposites 1:30 Bingo and Snack 2:30 Movie Matinee	30 10:00 BINGO 2:00 Afternoon Snack 2:30 Music w/ Kathy Gregory 3:45 Balloon Ball		<b>November</b> 		<b>2020</b>	
<b>THE GARDENS OF ARBOR ROSE</b>						