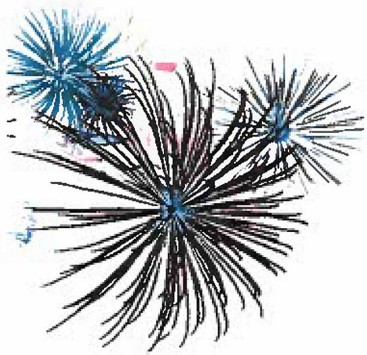
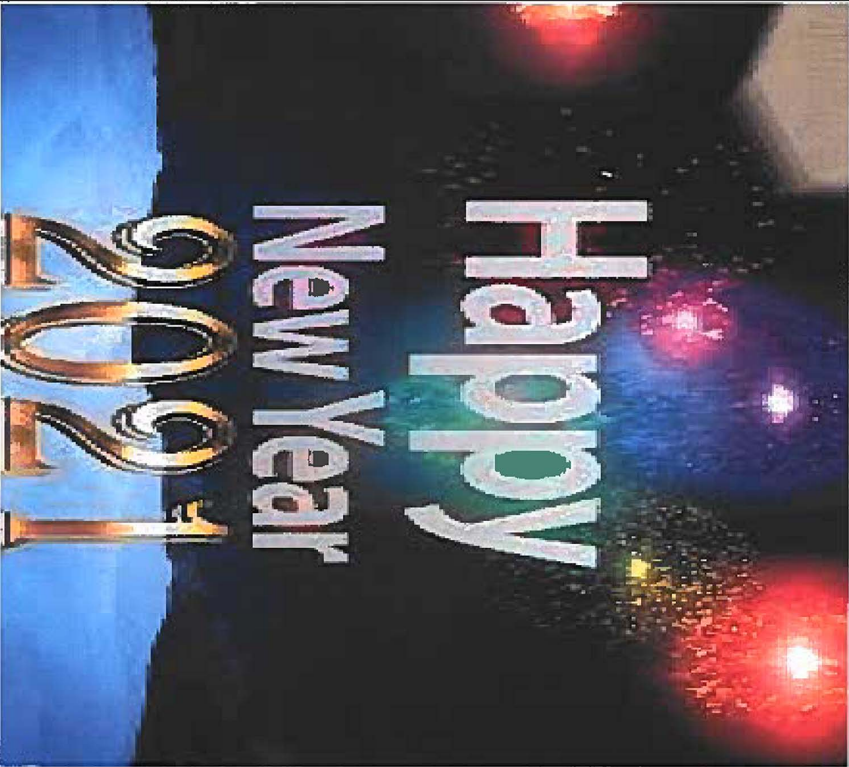








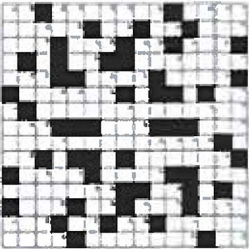




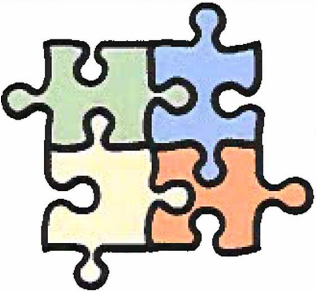






Therapeutic Recreation Calendar



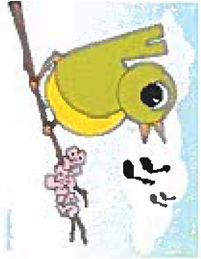
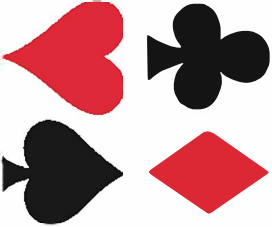

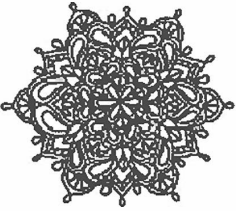

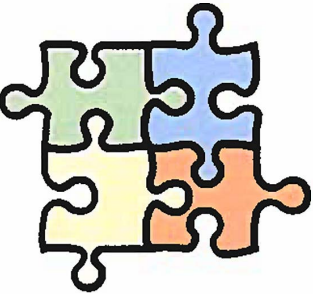
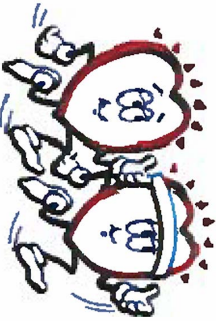
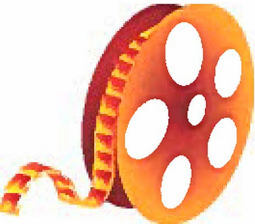

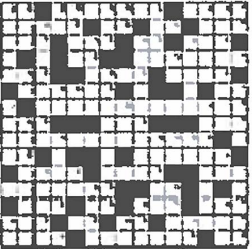


JANUARY

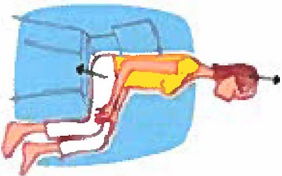



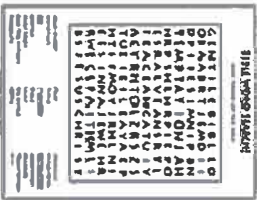



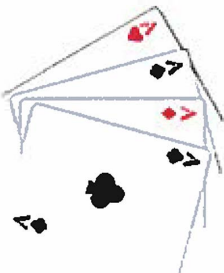

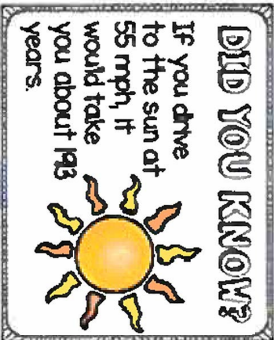





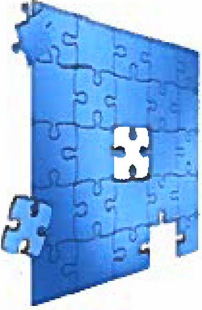


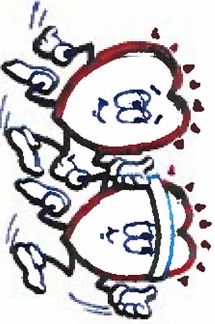
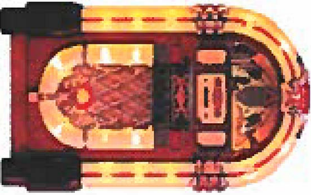


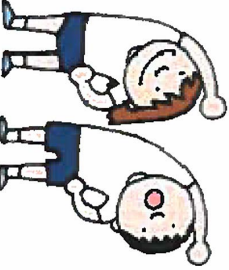
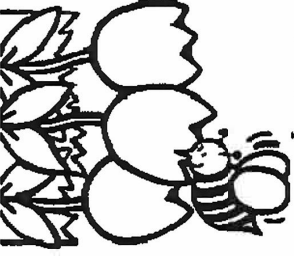
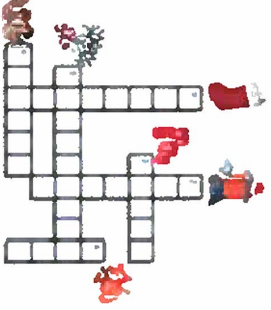

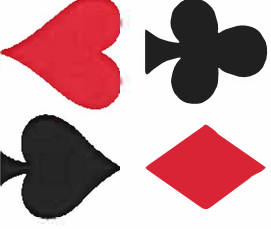


Programs Subject To Change

		Friday 1/1/21	Saturday 1/2/21
<p><u>Due to the COVID-19 virus we are unable to have large group activities at this time. We can connect with your family through the computer using “Facetime”.</u></p>			
<p><u>YOUR RECREATION STAFF</u></p> <p>MAURA CICCOTTI, MARTA KOMOSINSKA, REINA ROMERO,</p> <p>CLAUDIA D'ONOFRIO, LUISA PRADO, JENNA SWEET</p>		<p>Small Groups and Individual Activities</p> <p>Sing a song</p> 	<p>Small Groups and Individual Activities</p> <p>Say a prayer</p> 
		<p>Call a friend</p> 	<p>Watch a movie</p> 

Sunday 1/3/21	Monday 1/4/21	Tuesday 1/5/21	Wednesday 1/6/21	Thursday 1/7/21	Friday 1/8/21	Saturday 1/9/21
<p>Small Groups and Individual Activities</p> <p>Morning Stretch</p> 	<p>Small Groups and Individual Activities</p> <p>Read a book</p> 	<p>Small Groups and Individual Activities</p> <p>Perform a crossword</p> 	<p>Small Groups and Individual Activities</p> <p>Challenge your mind</p> 	<p>Small Groups and Individual Activities</p> <p>Go for walk in the hallway</p> 	<p>Small Groups and Individual Activities</p> <p>Say the Rosary</p> 	<p>Small Groups and Individual Activities</p> <p>Do some coloring</p> 
<p>Do a puzzle</p> 	<p>Listen to music</p> 	<p>Don't forget to water your plants</p> 	<p>Talk to a friend</p> 	<p>Do you see some birds at the feeders?</p> 	<p>Play Solitaire</p> 	<p>Nail care</p> 

Sunday 1/10/21	Monday 1/11/21	Tuesday 1/12/21	Wednesday 1/13/21	Thursday 1/14/21	Friday 1/15/21	Saturday 1/16/21
<p>Small Groups and Individual Activities</p> <p>Read the newspaper</p>  <p>Listen to some music</p> 	<p>Small Groups and Individual Activities</p> <p>Bird watch</p>  <p>Play cards with a friend</p> 	<p>Small Groups and Individual Activities</p> <p>Morning Stretch</p>  <p>Color a winter picture scene</p> 	<p>Small Groups and Individual Activities</p> <p>Perform the rosary</p>  <p>Do a puzzle</p> 	<p>Small Groups and Individual Activities</p> <p>Take a walk in the hallway</p>  <p>Watch a movie</p> 	<p>Small Groups and Individual Activities</p> <p>Water your plants</p>  <p>Do a crossword</p> 	<p>Small Groups and Individual Activities</p> <p>Read a book</p>  <p>Sing a song</p> 

Sunday 1/17/21	Monday 1/18/21	Tuesday 1/19/21	Wednesday 1/20/21	Thursday 1/21/21	Friday 1/22/22	Saturday 1/23/21
<p>Small Groups and Individual Activities</p> <p>Do a light exercise</p>  <p>Nail care</p> 	<p>Small Groups and Individual Activities</p> <p>MARTIN LUTHER KING JR DAY</p> <p>Say a prayer</p>  <p>Read the newspaper</p> 	<p>Small Groups and Individual Activities</p> <p>Do a word search puzzle</p>  <p>Call a friend</p> 	<p>Small Groups and Individual Activities</p> <p>Spot a flower</p>  <p>Challenge yourself</p> 	<p>Small Groups and Individual Activities</p> <p>Play Solitaire</p>  <p>Reminisce</p> 	<p>Small Groups and Individual Activities</p> <p>Learn something new</p>  <p>Write a letter</p> 	<p>Small Groups and Individual Activities</p> <p>Talk to friends</p>  <p>Read a book</p> 

Sunday 1/24/21	Monday 5/25/21	Tuesday 1/26/21	Wednesday 1/27/21	Thursday 1/28/21	Friday 1/29/21	Saturday 1/30/21
<p>Small Groups and Individual Activities</p> <p>Do a puzzle</p>  <p>Nail care</p> 	<p>Small Groups and Individual Activities</p> <p>Watch a favorite TV show</p>  <p>Take a walk in the hallway</p> 	<p>Small Groups and Individual Activities</p> <p>Listen to a classic tune</p>  <p>Do you see any birds at the feeders?</p> 	<p>Small Groups and Individual Activities</p> <p>Read the newspaper</p>  <p>Light workout</p> 	<p>Small Groups and Individual Activities</p> <p>Color a picture</p>  <p>Crossword puzzle</p> 	<p>Small Groups and Individual Activities</p> <p>Give friends and family a call</p>  <p>Play cards</p> 	<p>Small Groups and Individual Activities</p> <p>Say a prayer</p>  <p>light Workout</p> 

Sunday
1/31/21

Write a letter



**Don't forget to
water your plants**

