








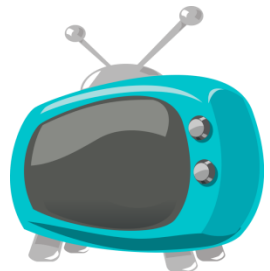







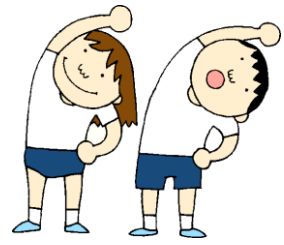
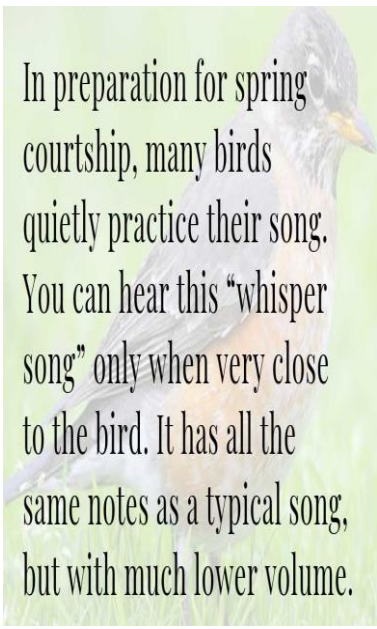


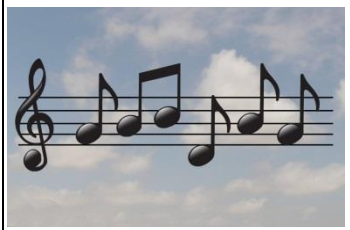




Therapeutic Recreation Calendar






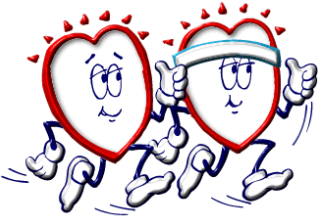






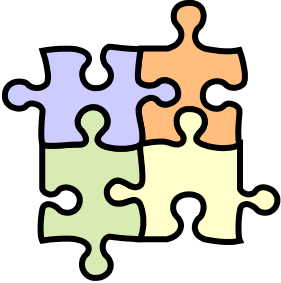













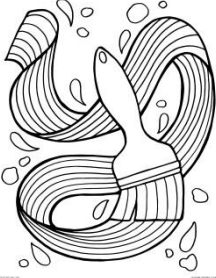


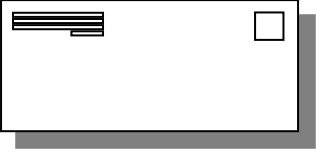
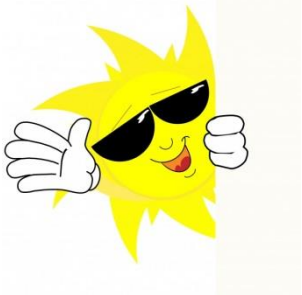






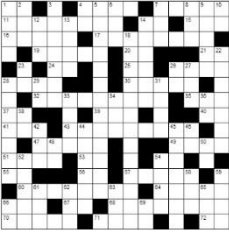

Programs Subject To Change

					Friday 5/1/20	Saturday 5/2/20
		<p><u>Due to the COVID-19 virus we are unable to have large group activities at this time. We can connect with your family through the computer using “Facetime”.</u></p> <p><u>YOUR RECREATION STAFF</u></p> <p>MAURA CICCOTTI, MARTA KOMOSINSKA, REINA ROMERO,</p> <p>CLAUDIA D’ONOFRIO, LUISA PRADO, JENNA SWEET</p>			<p>Small Groups and Individual Activities</p> <p>Go outside and get some fresh air</p>  <p>Call your loved ones</p> 	<p>Small Groups and Individual Activities</p> <p>Do a light morning exercise</p>  <p>Listen to your favorite music</p> 

Sunday 5/3/20	Monday 5/4/20	Tuesday 5/5/20	Wednesday 5/6/20	Thursday 5/7/20	Friday 5/8/20	Saturday 5/9/20
<p>Small Groups and Individual Activities</p> <p>Read the newspaper</p>  <p>Watch an old movie</p>  <p>Do a puzzle</p> 	<p>Small Groups and Individual Activities</p> <p>Phone a friend</p>  <p>Sing along to Music</p>  	<p>Small Groups and Individual Activities</p>  <p>Go outside and get some fresh air</p>  <p>Do some bird watching</p> 	<p>Small Groups and Individual Activities</p> <p>Don't forget to water your plants</p>  <p>Do a Crossword Puzzle</p>  <p>Test your mind</p> 	<p>Small Groups and Individual Activities</p> <p>Play a card game</p>  <p>Don't forget to water your plants</p>  <p>Listen to your favorite music</p> 	<p>Small Groups and Individual Activities</p> <p>Do a word search puzzle</p>  <p>Finish a puzzle</p>  	<p>Small Groups and Individual Activities</p> <p>Do a light morning stretch</p>  <p>Reminisce</p>  

Sunday 5/10/20	Monday 5/11/20	Tuesday 5/12/20	Wednesday 5/13/20	Thursday 5/14/20	Friday 5/15/20	Saturday 5/16/20
<p>Small Groups and Individual Activities</p> <p><i>HAPPY Mother's DAY</i></p>  <p>Say the Rosary</p>  <p>Do some bird watching.</p> 	<p>Small Groups and Individual Activities</p> <p>Watch an oldies movie</p>  <p>Read the paper</p>  <p>Reminisce</p> 	<p>Small Groups and Individual Activities</p> <p>Do a few chair exercises</p>  <p>Color a picture</p>  <p>Play a card game</p> 	<p>Small Groups and Individual Activities</p> <p>Read a book.</p>  <p>Write a Letter</p>  <p>Do an afternoon stretch</p> 	<p>Small Groups and Individual Activities</p> <p>Learn something new</p> <p>In preparation for spring courtship, many birds quietly practice their song. You can hear this “whisper song” only when very close to the bird. It has all the same notes as a typical song, but with much lower volume.</p>  <p>Listen to birds sing</p> 	<p>Small Groups and Individual Activities</p> <p>Go outside and get some fresh air</p>  <p>Listen to music</p>  	<p>Small Groups and Individual Activities</p> <p>Do a crossword puzzle</p>  <p>Sing a song.</p>  

Sunday 5/17/20	Monday 5/18/20	Tuesday 5/19/20	Wednesday 5/20/20	Thursday 5/21/20	Friday 5/22/20	Saturday 5/23/20
<div>Small Groups and Individual Activities</div> <div>Do a word search puzzle</div> <div></div> <div>Say a Prayer</div> <div></div> <div></div>	<div>Small Groups and Individual Activities</div> <div>Don't forget to water your plants</div> <div></div> <div></div> <div>Take a walk if you can</div> <div></div>	<div>Small Groups and Individual Activities</div> <div>Do some bird watching</div> <div></div> <div>Give friends and family a call</div> <div></div> <div>Listen to music you enjoy</div> <div></div>	<div>Small Groups and Individual Activities</div> <div>Get some fresh air</div> <div></div> <div>Read a book</div> <div></div> <div></div>	<div>Small Groups and Individual Activities</div> <div>Do a puzzle</div> <div></div> <div>Sit on the patio</div> <div></div> <div>Work on a crossword puzzle</div> <div></div>	<div>Small Groups and Individual Activities</div> <div>Reminisce</div> <div></div> <div>Read the newspaper</div> <div></div> <div>Do an afternoon stretch</div> <div></div>	<div>Small Groups and Individual Activities</div> <div>Sing a song.</div> <div></div> <div>Watch a movie</div> <div></div> <div></div>

Sunday 5/24/20	Monday 5/25/20	Tuesday 5/26/20	Wednesday 5/27/20	Thursday 5/28/20	Friday 5/29/20	Saturday 5/30/20
<p>Small Groups and Individual Activities</p> <p>Say the Rosary</p>  <p>Play a card game</p> 	<p>Small Groups and Individual Activities</p> <p>Listen to birds sing</p>  <p>Color a picture</p>  <p>Talk to a friend</p> 	<p>Small Groups and Individual Activities</p> <p>Don't forget to water your plants</p>  <p>Write a letter.</p> 	<p>Small Groups and Individual Activities</p> <p>Get some sunshine</p>  <p>Phone a friend</p> 	<p>Small Groups and Individual Activities</p> <p>Call a family member or friend</p>  <p>Listen to your favorite music</p> 	<p>Small Groups and Individual Activities</p> <p>Write a poem</p>  <p>Sing a song</p> 	<p>Small Groups and Individual Activities</p>  <p>Do a crossword puzzle</p> 
<p>Sunday 5/31/20</p> <p>Sing a Song</p>  <p>Do some coloring</p> 