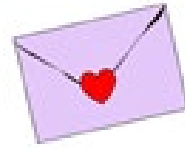


















# Therapeutic Recreation Calendar



## FEBRUARY




*\*Programs Subject To Change\**


|  | <b>Tuesday<br/>2/1/22</b>   | <b>Wednesday<br/>2/2/22</b>   | <b>Thursday<br/>2/3/22</b>  | <b>Friday<br/>2/4/22</b>   | <b>Saturday<br/>2/5/22</b>  |
|--|---|---|---|--|---|
| <p><b><u>LOCATIONS</u></b></p> <p><b>E1- East 1</b><br/><b>E2-East 2</b><br/><b>N- North</b><br/><b>ATTW- Attwood</b><br/><b>NDR- North Dining</b><br/><b>Room</b><br/><b>EDR- East Dining</b><br/><b>Room</b></p> | <p>10:30 Let's Get Moving<br/>.....N</p> <p>10:30 Karaoke/ Sing Along<br/>.....E2</p>  <p>11:00 Winter Word<br/>Challenge.....E2</p>  <p><b>2:00</b><br/><b>Chinese New Year</b><br/><b>Celebration in the EDR</b><br/><b>(YEAR OF THE TIGER)</b></p>  |  <p>10:30 Groundhog Races...N</p> <p><b>2:00</b><br/><b>Catholic Mass</b></p>   | <p>10:30 February Word<br/>Challenge.....N</p>  <p>10:30 Noodle Ball.....E2</p>  <p><b>2:00</b><br/><b>Spirit of Hawaii</b><br/><b>(Hawaiian Dancer)</b></p>  <p>Give friends and<br/>family a call</p>  | <p>10:30 Morning Stretch<br/>.....E2</p> <p>11:00 Floor Darts.....E2</p>  <p>2:00 In2L Challenge<br/>.....N</p>  <p><b><u>2022 WINTER</u></b><br/><b><u>OLYMPICS BEGINS</u></b></p>  <p>Watch on NBC</p> | <p>Listen to music</p>  <p>Talk to a friend</p>  <p>Say a prayer</p>  |

| Sunday<br>2/6/22 | Monday<br>2/7/22 | Tuesday<br>2/8/22 | Wednesday<br>2/9/22 | Thursday<br>2/10/22 | Friday<br>2/11/22 | Saturday<br>2/12/22 |
|------------------|------------------|-------------------|---------------------|---------------------|-------------------|---------------------|
|------------------|------------------|-------------------|---------------------|---------------------|-------------------|---------------------|


Do a light exercise



Listen to your favorite music



Do a word search puzzle



**10:25 Eucharistic Service.....E2**  
**10:45 Eucharistic Visits.....E1**  
**11:10 Eucharistic Service.....NDR**



11:00 Basketball.....E2



1:30 Resident Forum.....EDR



3:30 Name That Tune.....N



3:30 1:1 Connections.....E2



10:30 Morning Stretch....N



10:30 Horseshoe Toss .....E2



11:00 February Word Challenge.....E2



2:00 ENTERTAINMENT IN EAST DINING ROOM-TEE-TEE SOUL



Sing a song



10:30 Shake Your Can....N



11:00 Rosary.....E2




1:30 BINGO IN THE EAST DINING ROOM




3:30 Karaoke.....N



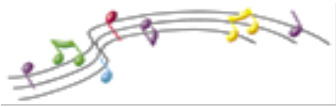
10:30 Valentine Jingo....N




10:30 Chair Yoga.....E2




2:00 ENTERTAINMENT IN EAST DINING ROOM-TOM ALVORD




3:30 1:1 Connections....N




3:30 In21 Challenge.....E2



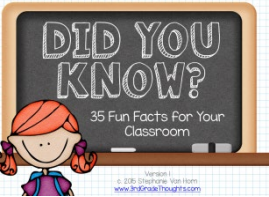
10:30 Karaoke/ Sing Along.....E2




11:00 Valentine's Day Trivia.....E2




2:00 Fun Facts and Trivia .....N



3:00 Balloon Volley....N



Do a crossword puzzle



Read a good book.












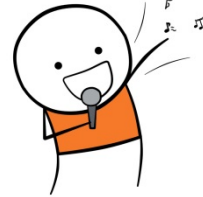






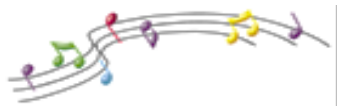






Do a crossword puzzle
















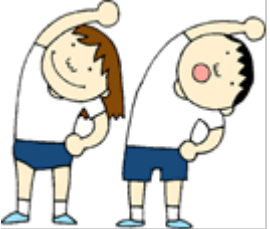










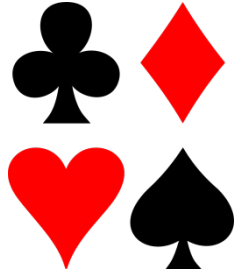


Listen to music





| <b>Sunday</b><br><b>2/13/22</b>  | <b>Monday</b><br><b>2/14/22</b>   | <b>Tuesday</b><br><b>2/15/22</b>  | <b>Wednesday</b><br><b>2/16/22</b>   | <b>Thursday</b><br><b>2/17/22</b>  | <b>Friday</b><br><b>2/18/22</b>  | <b>Saturday</b><br><b>2/19/22</b>  |
|--|---|---|--|--|--|--|
| <p>Give friends or family a call</p>  <p>Do some coloring</p>  <p>4:30 Don Olsen....EDR</p>  <p>5:30<br/><b>SUPER BOWL PARTY</b><br/>Attwood Siting Area</p>  | <p>♥<b>HAPPY Valentine's DAY</b>♥</p> <p>10:25 Eucharistic Service.....E2</p> <p>10:45 Eucharistic Visits.....E1</p> <p>11:10 Eucharistic Service.....NDR</p>  <p>11:00 Valentine's Day Trivia .....E2</p> <p>1:30<br/>BINGO IN THE EAST DINING ROOM</p>  <p>3:30 Valentine's Day Fun Facts .....N</p> <p>FLOWERS GIVE-AWAY</p>  | <p>10:30 Famous Couples....N</p>  <p>11:00 Ring Toss.....E2</p>  <p>2:00<br/><b>Hungerford Animal Show</b></p>  <p>3:30 Karaoke/ Sing Along .....E2</p>  | <p>10:30 In2L Challenge....N</p>  <p>1:30<br/>BINGO IN THE EAST DINING ROOM</p>  <p>3:30 Balloon Volley....N</p>  <p>Work on a Puzzle</p>  <p>Watch an oldies movie</p>  | <p>10:30 Penny Ante.....N</p>  <p>10:30 Bean Bag Toss.....E2</p>  <p>2:00<br/><b>ENTERTAINMENT IN EAST DINING ROOM-SHAWN TAYLOR</b></p>  <p>3:30 1:1 Connections....N</p>  <p>3:30 Heart Warming Stories .....E2</p>  | <p>10:30 Stretch and Sway.....E2</p>  <p>10:30 Concentration Game.....N</p>  <p>11:00 Family Feud.....E2</p> <p>2:00<br/>Armchair Travel to Hawaii</p>  <p>Color a Picture</p>  | <p>Watch TV</p>  <p>Get some fresh air</p>  <p>Hear the birds sing</p>  |

| <b>Sunday</b><br><b>2/20/22</b>  | <b>Monday</b><br><b>2/21/22</b>   | <b>Tuesday</b><br><b>2/22/22</b>   | <b>Wednesday</b><br><b>2/23/22</b>  | <b>Thursday</b><br><b>2/24/22</b>   | <b>Friday</b><br><b>2/25/22</b>  | <b>Saturday</b><br><b>2/26/22</b>   |
|--|---|--|---|---|--|---|
| <p>Play cards</p>  <p>Take a walk in the hallways</p>  <p>Watch an oldies movie</p>  | <p><b>10:25 Eucharistic Service.....E2</b><br/> <b>10:45 Eucharistic Visits.....E1</b><br/> <b>11:10 Eucharistic Service.....NDR</b></p>  <p>11:00 Washer Toss.....E2</p>  <p>1:30<br/> <b>BINGO IN THE EAST DINING ROOM</b></p>  <p>3:30 Presidential Day Trivia.....N</p>  | <p>10:30 Current Events....N</p>  <p>10:30 Bowling.....E2</p>  <p>11:00 In2L Challenge/Games.....E2</p>  <p>2:00<br/> <b>ENTERTAINMENT IN EAST DINING ROOM-JIM MOORE</b></p>  <p>Play cards with a friend</p>  | <p>10:30 Crafts.....N</p>  <p>1:30<br/> <b>BINGO IN THE EAST DINING ROOM</b></p>  <p>3:30 Jokes and Riddles.....N</p>  <p>Light workout</p>  | <p>10:30 Bottom's Up.....N</p> <p>10:30 Toss Across.....E2</p>  <p>11:00 Jokes and Riddles .....E2</p>  <p>2:00<br/> <b>ENTERTAINMENT IN EAST DINING ROOM-JACK BUSSMAN</b></p>  <p>3:30 1:1 Connections.....N</p>  | <p>10:30 Body Stretch...E2</p>  <p>11:00 Bean Bag Toss..E2</p>  <p>3:30 Connections 1:1 (all locations)</p>  <p>Reminiscence</p>  | <p>Read a book</p>  <p>Mediate</p>  <p>Play a card game</p>  |

**Sunday  
2/27/22**

Read the paper



Listen to your favorite music



Do a word search puzzle



4:30 Don Olsen....EDR



**Monday  
2/28/22**

10:25 Eucharistic Service.....E2

10:45 Eucharistic Visits.....E1

11:10 Eucharistic Service.....NDR



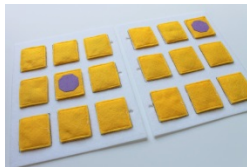
11:00 Toss Across.....E2

1:30  
BINGO IN THE EAST  
DINING ROOM



3:30 Balloon Volley.....N

3:30 Winter Themed Concentration Game.....E2



**Due to the COVID-19 virus we continue practicing social distancing guidelines to keep everyone safe. We can connect with your family through the computer using "Facetime /Skype/ Zoom".**

**YOUR RECREATION STAFF**

**MAURA CICCOTTI,  
CLAUDIA D'ONOFRIO,  
MARTA KOMOSINSKA,  
JENNA SWEET**

**LOCATIONS**

**E1- East 1**

**E2-East 2**

**N- North**

**ATTW- Atwood**

**NDR- North Dining Room**

**EDR- East Dining Room**

