







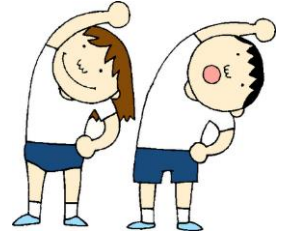














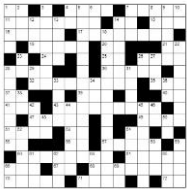



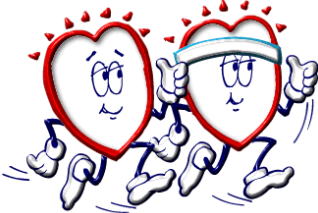












# Therapeutic Recreation Calendar

## FEBRUARY



	<b>Monday</b> 2/1/21	<b>Tuesday</b> 2/2/21	<b>Wednesday</b> 2/3/21	<b>Thursday</b> 2/4/21	<b>Friday</b> 2/5/21	<b>Saturday</b> 2/6/21
	<p><b>Small Groups and Individual Activities</b></p> <p>Perform a puzzle</p>  <p>Read a book</p> 	<p><b>Small Groups and Individual Activities</b></p>  <p>WHAT WILL HE REVEAL?</p> <p>Listen to music</p> 	<p><b>Small Groups and Individual Activities</b></p> <p>MORNING STRETCH</p>  <p>Reminisce</p> 	<p><b>Small Groups and Individual Activities</b></p> <p>Listen to music</p>  <p>Mediate</p> 	<p><b>Small Groups and Individual Activities</b></p> <p><b>GO RED FOR WOMEN!</b> *Please wear red today*</p> <p>Go outside and get some fresh air</p>  <p>Talk to a friend</p> 	<p><b>Small Groups and Individual Activities</b></p> <p>Listen to music</p>  

<b>Sunday</b> <b>2/7/21</b>	<b>Monday</b> <b>2/8/21</b>	<b>Tuesday</b> <b>2/9/21</b>	<b>Wednesday</b> <b>2/10/21</b>	<b>Thursday</b> <b>2/11/21</b>	<b>Friday</b> <b>2/12/21</b>	<b>Saturday</b> <b>2/13/21</b>
<p align="center"><b>Small Groups and Individual Activities</b></p> <p>Read the paper</p>  <p><b>SUPERBOWL</b> On TV @ 6pm</p>  	<p align="center"><b>Small Groups and Individual Activities</b></p> <p>Perform the rosary</p>  <p>Read your favorite book.</p>  <p>Listen to music</p> 	<p align="center"><b>Small Groups and Individual Activities</b></p> <p>Take a walk in hallways</p>  <p>Watch an oldies movie.</p> 	<p align="center"><b>Small Groups and Individual Activities</b></p> <p>MORNING STRETCH</p>  <p><b>Wii Bowling Match-up (residents VS staff)</b></p>  <p>Play a card game</p> 	<p align="center"><b>Small Groups and Individual Activities</b></p> <p>Say a prayer</p>  <p>Mediate</p>  <p>Don't forget to water your plants</p> 	<p align="center"><b>Small Groups and Individual Activities</b></p> <p><b>CHINESE NEW YEAR OF THE OX!</b></p>  <p>Challenge your mind</p> 	<p align="center"><b>Small Groups and Individual Activities</b></p> <p>Play a card game</p>  <p>Sing a song.</p>  <p>Write a letter.</p> 

<b>Sunday</b> <b>2/14/21</b>	<b>Monday</b> <b>2/15/21</b>	<b>Tuesday</b> <b>2/16/21</b>	<b>Wednesday</b> <b>2/17/21</b>	<b>Thursday</b> <b>2/18/21</b>	<b>Friday</b> <b>2/19/21</b>	<b>Saturday</b> <b>2/20/21</b>
<p><b>Small Groups and Individual Activities</b></p> <p><b>HAPPY VALENTINE'S DAY</b></p>  <p>Say a Prayer</p>  <p>Do a crossword puzzle</p> 	<p><b>Small Groups and Individual Activities</b></p> <p>Do some coloring</p>  <p>Listen to your favorite music</p>  <p>Do a puzzle</p> 	<p><b>Small Groups and Individual Activities</b></p> <p><b>MARDI GRAS!</b> <b>BEADS GIVEN OUT</b></p> <p>Go for a walk</p> 	<p><b>Small Groups and Individual Activities</b></p> <p><b>ASH WEDNESDAY</b></p>  <p>Listen to birds sing</p>  <p>Sing a song</p> 	<p><b>Small Groups and Individual Activities</b></p> <p>Read a book</p>  <p>Mediate</p>  <p>Play a card game</p> 	<p><b>Small Groups and Individual Activities</b></p> <p>Watch TV</p>  <p>Get some fresh air</p>  <p>Hear the birds sing</p> 	<p><b>Small Groups and Individual Activities</b></p> <p>Read a good book.</p>  <p>Do a crossword puzzle</p>  <p>Listen to music</p> 

**Sunday**  
2/21/21

## Small Groups and Individual Activities

Give friends or family a call



Write a letter.



Do a light morning exercise



**Monday**  
2/22/21

## Small Groups and Individual Activities

Perform the Rosary



Listen to birds sing



Challenge your mind



**Tuesday**  
2/23/21

## Small Groups and Individual Activities

Play cards



Take a walk in the hallways



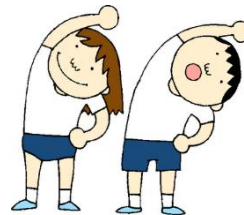
Watch an oldies movie



**Wednesday**  
2/24/21

## Small Groups and Individual Activities

MORNING STRETCH



Don't forget to water your plants



Do some coloring



**Thursday**  
2/25/21

## Small Groups and Individual Activities

Read a book



Mediate



Do some bird watching



**Friday**  
2/26/21

## Small Groups and Individual Activities

Talk to a friend



Read the paper



Get outside for some fresh air



**Saturday**  
2/27/21

## Small Groups and Individual Activities

Do a light exercise



Listen to your favorite music



Do a word search puzzle



BIBLE WORD SEARCH!  
BASIC WORDS OF THE BIBLE

CREATED BY MISSIOWA TAYLOR

**Sunday  
2/28/21**

**Small  
Groups and  
Individual  
Activities**

Do a crossword  
puzzle



Challenge your mind



***\*PROGRAMS  
ARE  
SUBJECT  
TO CHANGE\****

**DUE TO THE COVID-  
19 VIRUS WE ARE  
UNABLE TO HAVE  
LARGE GROUP  
ACTIVITIES AT THIS  
TIME. WE CAN  
CONNECT WITH  
YOUR FAMILY  
THROUGH THE  
COMPUTER USING,  
“FACETIME”.**

**YOUR RECREATION STAFF**

**MAURA CICCOTTI  
CLAUDIA D’ONOFRIO  
MARTA KOMOSINSKA  
LUISA PRADO  
JENNA SWEET**

