

## TIME FOR FRIENDS

Joining others at meals, com forting one another, playing cards, putting a puzzle together, enjoying music, crocheting, baking cookies, watching a movie or simply laughing together can make a difference in someone's



The Dakim Brain Gym IN2L Computer, puzzles and coloring sheet are available for use at anytime!!



Programs are Subject to change!

	SUNDAY	MONDAY	TUE\$DAY	WEDNE\$DAY	THUR\$DAY	FRIDAY	\$ATURDAY
- 1	10:30 SPIRITUAL MUSIC WITH SANDY Gardens  1:30 ACTIVITIES WITH SANDY Gardens	2 10:00 Sing a Long 1:00 Reminisce 2:00 Afternoon Snack 2:30 Music w/Darrell Gagnon 3:45 Noodle Ball	3 10:00 GLEE CLUB WITH MAGGIE  1:00 Reminisce with Laura 2:30 Catholic Mass 2:45 Afternoon Snack 5:30 Activities with Peter	4 10:15 Music w/ Kathy Gregory 2:00 Veteran's Hour 2:00 Exercise Group 3:00 HAPPY HOUR 3:30 Sing a Long	5 10:00 Snowflake Craft 1:00 Winter Reminice 2:00 Music with Bombay Oysters 3:15 Afternoon Snack 5:30 Activities with Peter	6 10:00 BINGO 2:00 Sing a Long 2:30 Afternoon Snack 3:00 Stories of the Season 3:45 Noodle Ball 5:30 Sing Along	7 10:30 GOOD MORNING SOCIAL IN THE GARDENS 1:30 ACTIVITIES WITH SANDY IN THE GARDENS 6:00 Classic Movies
	8 HAPPY GRANDPARENTS DAY! 10:30 SPIRITUAL MUSIC WITH SANDY Gardens  1:30 Decorate Your Own Cupcake	9 10:00 Eucharistic Service 10:30 Sing a Long 2:00 Exercise Group 2:30 Afternoon Snack 2:30 Music w/ Kathy Gregory	10 10:00 GLEE CLUB WITH SUE J  2:00 Music w/ Tom Hanford  3:15 Afternoon Snack  3:45 Noodle Ball  5:30 Activities with Peter	11 10:15 CHAIR YOGA  11:30 Lunch 2:00 Exercise Group  3:00 HAPPY HOUR  3:30 Sing a Long	12 10:00 Art w/ Paul 1:00 Holiday Reminisce 2:00 Music w/ Mike Armenttano 3:45 Noodle Ball 5:30 Activities with Peter	13 10:00 BINGO 10:15 Massage with Dorothy 1:30 Jeff the Plant Guy 1:30 Out Trip 2:15 Afternoon Snack 5:30 Sing Along	14 10:30 GOOD MORNING SOCIAL IN THE GARDENS  1:00 Holiday Concert Farmington Valley Symphony 2:00 Music with Brian Gillie 6:00 Classic Movies
	10:30 GOSPEL MUSIC WITH SANDY Gardens  1:30 ACTIVITIES WITH SANDY Gardens	16 10:00 Eucharistic Service 10:30 Sing a Long 2:00 Exercise Group 2:30 Afternoon Snack 2:30 Music w/ Kathy Gregory 10:00 Eucharistic Service	17 10:00 GLEE CLUB W/ MAGGIE 2:00 Music with Sophistication 3:15 Afternoon Snack 3:45 Noodle Ball 5:30 Activities with Peter 6:30 Harford Men in	10:00 BINGO  1:30 Toffolon School – Country Kitchen  2:00 Exercise Group 3:00 HAPPY HOUR  3:30 Sing a Long	19 10:00 BINGO  1:30 Gingerbread Houses 2:00 Afternoon Snack  2:30 Sing a Long  4:30 Out Trip to Goodwin Park Lights  5:30 Activities with Peter	10:00 BINGO 2:00 Music with Pandola 3:15 Afternoon Snack 3:45 Noodle Ball 5:30 Sing Along	21 10:30 GOOD MORNING SOCIAL IN THE GARDENS  1:30 ACTIVITIES WITH SANDY IN THE GARDENS  6:00 Classic Movies
t <u></u>	22 10:30 SPIRITUAL MUSIC WITH SANDY Gardens  1:30 ACTIVITIES WITH SANDY Gardens	10:00 BINGO 1:00 Christmas Sing a Long 2:00 Exercise Group 2:30 Left Right and Center 3:45 Noodle Ball	24 10:00 BINGO 2:00 Music with Willie Nininger 3:15 Afternoon Snack 3:45 Noodleball 5:30 Activities with Peter	Menky Christmas  The state of t	26 10:00 Art with Paul 2:00 Music with Rick Almeida 3:15 Afternoon Snack 3:30 BINGO 5:30 Activities with Peter	10:00 BINGO 10:15 Massage with Dorothy 1:00 Social with Laura 2:00 Music with Willie Nininger 3:15 Afternoon Snack 3:45 Noodle Ball	28 10:30 GOOD MORNING SOCIAL IN THE GARDENS  1:30 ACTIVITIES WITH SANDY IN THE GARDENS  6:00 Classic Movies
	29 10:30 GOSPEL MUSIC WITH SANDY Gardens  1:30 ACTIVITIES WITH SANDY Gardens	30 10:00 Eucharistic Service 10:30 Sing a Long 2:00 Exercise Group 2:30 Afternoon Snack 3:45 Balloon Volley	31 10:00 BINGO  2:00 Music with Blaise Tramazzo  3:15 Afternoon Snack 3:30 Noodle Ball  5:30 Activities with Peter	Dece:	MBers	2019	THE GARDENS OF ARBOR ROSE