

# WHAT'S HAPPENING AT ARBOR ROSE

## JUNE 2019

### ARBOR ROSE MANAGEMENT TEAM

**Will Menoche**  
Executive Director

**Patrice Eleveld**  
Wellness Director

**Denise Lebrocqy**  
Retirement Counselor

**Donna Valente**  
Activities Director

**Violetta Tokarczyk**  
Dining Director

**Norman Aldrich**  
Building Services Director

**David Zielinski**  
Maintenance Director

**Laura Nigro**  
Activities Coordinator

**Ali Weber**  
Resident Services Coordinator

#### ADDRESS:

975 Corbin Avenue  
New Britain, CT 06052

#### PHONE NUMBER:

860-229-3707

#### WEBSITE:

[www.jeromehome.org](http://www.jeromehome.org)

Make sure to "Like" us on  
Facebook to see pictures of  
what is happening in the  
community!



### STAFF EDUCATION

#### ***Virtual Dementia Tour***

was presented by Jenna Sweet, Recreation Director of Jerome Home, on Tuesday April 30th.

Staff were encouraged to participate in a half hour simulation to provide a hands on learning experience. We will offer this training monthly to all new staff members.

#### **Last Month:**

- Mayor, Erin Stewart, came on May 3rd with the Mobile Mayor's Office to update our residents on important New Britain news!
- We celebrated Mother's Day with a delicious meal and afternoon Tea on May 12th!
- "Join The Herd" Trip To Bradley Mountain Farm on May 24th gave residents a chance to feed goats!
- Memorial Day was celebrated on Friday May 24th with a big BBQ provided by our amazing dining staff!

### ANNIVERSARIES

#### **10 YEARS**

David Brown

Irena  
Dabrowski

Patrice  
Eleveld

Virginia  
Flores

William  
Menoche

Marilyn  
Szymanski

Violetta  
Tokarczyk

*"We must find time to stop and thank the people who make a difference in our lives."*

John F.  
Kennedy

#### **5 YEARS**

Mary Burgos

Frances  
Rogers

Alexandria  
Weber

*On May 16th, staff were honored for reaching milestone anniversaries between 5-1-19 and 4-30-19.*

### SAVE THE DATES

- **June 7th:** International Day with entertainer, Jose Paulo
- **June 15th:** Mermaid Day Celebration Activity (Gardens)
- **June 15th:** Father's Day "Men's Choice" Movie & Refreshments
- **June 21st:** Summer Solstice Beach Art Activity (Gardens)
- **July 4th:** Barbecue for residents, staff and families!

#### **Upcoming Summer Events:**

- ▶ Walnut Hill Park concert
- ▶ CT River Cruise
- ▶ Family Night- Virtual Dementia Tour

**We will be collecting "Box Tops" over the summer to help children of Gaffney School through First Church!**

## DINING



*For this year's Cinco de Mayo, residents enjoyed music from Puerto Vallarta's Mariachi Band during their meal!*

### The Unbeatable Beet Root

Residents at Arbor Rose can enjoy the beet root and spinach leaf in their diet daily through salads, side dishes, and juices.



### Benefits of Beets

- Boosts Stamina
- Reduces Blood Pressure
- Stabilizes Blood Sugar
- Boosts Immune System
- Slows Progression of Dementia
- Reduces Risk of Osteoporosis
- Fights Anemia and Fatigue
- Natural Colon Cleanser
- Low in Calories
- Detoxifies the Liver
- Enhances Wound Healing

## HEALTH AND WELLNESS



Welcome new 7 AM to 3 PM Certified Nurse's Aide, Tianna Harris, to the Arbor Rose team! We are so happy to have you with us!

We encourage our residents to stay hydrated over these hot summer months! Remember to DRINK WATER! Please visit the Wellness Office for any questions or concerns.

### BEES ACROSS NEW BRITAIN

The City of New Britain is excited to partner with the Greater New Britain Arts Alliance to bring "Bees Across New Britain" to our community. This public art project was inspired by our City's rich tradition of "worker bees" and in the same spirit as the "cow parade" that took place in West Hartford several years ago. Artist, Pedro Valentin, was inspired by our founder, Augustus Jerome, when creating our un-BEE-lievable bee. The Jerome Home and Arbor Rose bee was unveiled on Tuesday May 14th and will be brought to our courtyard over the summer!



### Studio 3 Dancers Help Grant Angie's Wish



### Opportunities to Grow

Gardens resident, Angie, wished for dancers to come visit Arbor Rose. On Saturday May 18th, dancers of all ages from Studio 3 Dance Center in Newington, CT performed for our residents.

If your loved one has a wish they would like granted by our staff please check out our **Wish Box** located on the banquet table outside of the dining room!

## COMMUNITY ANNOUNCEMENTS

**New Lighting** has been added to the resident parking area for convenience and safety.

**New Fan and Light** added to the courtyard gazebo for added enjoyment!

**Cookouts** will start every Friday from May 24th through August 31st.

**Gardens Renovation** is almost complete! New carpets have been installed!

**Dementia Caregiver Support Group** will be starting again in June with facilitator, Ali Weber, and co-facilitator, Susan Grimes, from Hartford Healthcare at Home. This group is open to the public and will meet every second Tuesday of the month from 5:30-7:00 pm.

**My InnerView Survey:** In July, another community survey will be sent to residents and families.