

Monthly Review

A monthly newsletter for residents and family members of Jerome Home and Arbor Rose

July/August 2018

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Jerome Home and Arbor Rose employees receive Legacy Awards

Thirteen Hartford HealthCare Senior Services employees – including three representing Arbor Rose and Jerome Home - who have distinguished themselves through their dedication and work ethic were honored at the Legacy Awards Celebration held in May at Hawk’s Landing Country Club in Southington. Honorees received either the Trish Walden Legacy Award - Excellence in Resident-Centered Care or the Clarence J. Silvia Legacy Award - Leadership Behaviors in Action.

Arbor Rose and Jerome Home’s Trish Walden Legacy Award honorees were Kate Rabinoff, resident service coordinator, Arbor Rose, and Lori Lyons, physical therapist, Jerome Home; the Clarence J. Silvia Legacy Award recipient was Norm Aldrich, building services director, Jerome Home.



Photos by Jeff Evans

From left, Norm Aldrich, Lori Toombs, Crisla Tomaska and Lori Lyons of Jerome Home.

The Excellence in Resident-Centered Care Legacy Award, named after Trish Walden, former vice president of Hartford HealthCare Senior Services (HHCSS), recognizes HHCSS employees who embody the mission of resident-centered care. Nominees do not See **Awards** on page 2

Carousel Museum outing takes visitors on a ride to the past



Photo by Rusty Kimball

Jerome Home residents Tom and Sue Scanlon take a merry-go-round ride at the Carousel Museum.

Tom and Sue Scanlon sat side by side holding hands while riding in the carousel chariot as it took them on a “journey” – back in time reminiscing about childhood. The Scanlons and several other Jerome Home residents recently visited the New England Carousel Museum, located at 95 Riverside Ave. in Bristol, where they rode on the merry-go-round as the final stop on their tour. Many of them recalled childhood outings to Lake Compounce or Lighthouse Point in New Haven for family picnics.

The excursion to the museum was organized by the Hartford HealthCare Senior Services Dementia Committee which introduced the Memories & More initiative several years ago. The program, which includes a Museums See **Outing** on page 3

Ready, set, Walk to End Alzheimer's

The Arbor Rose and Jerome Home Team will be walking to End Alzheimer's on Sunday, Oct. 14 at Rentschler Field in East Hartford. This year the team strives to raise over \$10,000, in comparison to last year's total fundraising of over \$7,000.

This new goal is attributed to an Arbor Rose family member, Laura Berman, who has raised over \$3,000 to date. Berman began by setting up a fundraiser on her Facebook page telling her story of caring for her husband. "So many people have been touched by this disease personally," said team captain, Kate Rabinoff, the resident services coordinator for Arbor Rose. "I am so impressed with the generosity of Laura's family and friends and how quickly she

was able to exceed her original goal. Facebook is a great way to start fundraising for the Walk," Rabinoff said.

Other Arbor Rose and Jerome Home fundraisers for the Walk to End Alzheimer's include National Foot Long Hot Dog Day on Thursday, July 19 and Paninis for a Purpose on Friday, Sept. 14. Both fundraisers will be held in the Arbor Rose lobby. Funds raised benefit programming, respite care and support for those living in Connecticut with Alzheimer's or other dementias and their families.

For more information about joining the Walk to End Alzheimer's or fundraising events, please contact Kate Rabinoff at 860.356.8281.

Awards from page 1 need to be direct caregivers, but they should know what is important to residents – and they routinely do whatever they can to see that residents feel fulfilled physically, spiritually and emotionally.

The Leadership Behaviors in Action Award, named in honor of Clarence J. Silvia, former president of The Hospital of Central Connecticut, recognizes HHCSS employees with a strong work ethic and a belief in this mission of serving seniors.

Those receiving the Trish Walden Legacy Award were: Awa Jeng, resident care attendant, Cedar Mountain Commons, Newington; Pam Brown, social worker, Jefferson House, Newington; Anisah Gaffar, certified nursing assistant, Mulberry Gardens of Southington; Carol Volpe, activities director, The Orchards at Southington; and Cathy Chattelle, physical therapist, Southington Care Center.

Those who received the Clarence J. Silvia Legacy Award were: Lou Roca, director of dining services, Cedar Mountain Commons; Janele McAdams, nurse educator, Jefferson House; Lorraine Belas, waitstaff, Mulberry Gardens; Andrea Hallock, environmental services aide, The Orchards at Southington; and Richard Poitras, cook, Southington Care Center.

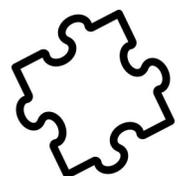
Congratulations to everyone!



Kate Rabinoff, resident service coordinator, left, and Pat Eleveld, wellness director, of Arbor Rose.

Got puzzles to donate?

Arbor Rose is seeking jigsaw puzzles in good condition with no missing pieces. They need to be 300-350 pieces, preferably large for easy handling. Please contact Donna Valente, activities director and volunteer coordinator, Arbor Rose, 860.356.8284.



Celebrating National Nursing Home Week

Throughout the week of May 14-19, Jerome Home celebrated National Nursing Home Week with the theme “Through the Eras.” Monday kicked off the week with the roaring ’20s-’30s; Tuesday showcased the “Nifty Fifties” - ’40s-’50s; Wednesday highlighted the hippy ’60s; Thursday shined with the disco ’70s-’80s; Friday honored the modern ’90s-2000s, while Saturday hosted a family barbecue.

Each day provided the residents with fun-filled activities related to the era from remembering Woodstock to a talent show. The talent show spotlighted residents and staff - the acts were singers, dancers, hairstyle designs, a juggler, a balloon sculptor and a gymnastics expert. The dining department provided food and refreshments made popular from each era such as a fondue display for the ’60s. Moreover, this week provided a walk through the past to reminisce of yesteryears.



Right: Bud R. gets “disco fever.”

Anonymous donor supports ‘Pave the Way’ campaign, encourages donations



A gazebo and pavers are planned for the new courtyard.

Arbor Rose and Jerome Home have received an generous donation from an anonymous donor toward our “Pave the Way” campaign. The idea for this donation is to clear an area located outside our North neighborhood – providing a walking path to a shaded park-like area. We will be trimming large trees, providing new seating areas, new plantings, a gazebo and potential walking path through the area for all residents to enjoy.

The donor asked that Arbor Rose and Jerome Home solicit additional funds to match the donation. We are asking families, friends and employees to consider donating to the Pave the Way Fund. If you would consider giving to our fund, please drop off or mail payment to Arbor Rose or Jerome Home.

In addition, the family of Sophia Bickley, a former

See **Pave** on page 4

Outing from page 1 & More component, immerses residents of Hartford HealthCare Senior Services residential communities into the arts, providing enrichment and inclusion into former activities. The first collaboration was made with the New Britain Museum of American Art, which residents visited last year.

Eighteen docents were trained at the Carousel Museum and administrative assistant Sue Daigle headed the recent tour of the older adults who live at Jerome Home. “Does anyone remember riding a carousel?” she asked. Older adults hold a special place in her heart and she had many family members with dementia. “Leading this tour is a tribute to my own parents and godparents,” she reflected.

After learning about the history of carousels and a bit about the artistry of woodcarving, the visitors were eager to point out their favorite creatures among the colorful menagerie: a seahorse, pigs, camel, zebra, even a giraffe. Patty O’Brian, CDP, a dementia specialist and member of the Hartford HealthCare Senior Services Dementia Committee, pointed out details such as jewels that decorated the bridles. The collaboration with the museum was a wonderful experience, she said. “The best part is the wonderful connections seen in the residents’ faces,” she commented.

Jerome Home / Arbor Rose
975 Corbin Avenue
New Britain, Connecticut 06052
860.229.3707
www.jeromehome.org



Pave from page 3

Arbor Rose resident, has agreed to purchase a gazebo for Pave the Way in her honor. Memorial donations in Sophia Bickley's name can be made to: Arbor Rose at Jerome Home, 975 Corbin Ave., New Britain, CT 06052.

If you have questions or suggestions on how we can improve this area, please call Lori Toombs at 860.356.8218.

Caregivers Group

A free caregivers' support group is held on the third Tuesday of each month. Upcoming sessions will be May 15 and June 19, from 6:30 to 7:30 p.m., at Arbor Rose at Jerome Home. To RSVP, please call Kate Rabinoff, MSW, resident services coordinator, at 860.229.3707.



For a free lunch & tour of Jerome Home, contact:
Nicole Archambault-Benson
Admissions Director, at:



For a free lunch & tour of Arbor Rose, contact:
Denise Lebrocquy
Retirement Counselor, at:

860.229.3707

*Rehabilitation & Health Center
Skilled Nursing Care*

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with Memory Care*