

Jerome Home / Arbor Rose  
 975 Corbin Avenue  
 New Britain, Connecticut 06052  
 860.229.3707  
 www.jeromehome.org



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exemplify the highest standards of compassion, commitment and excellence in caregiving," according to LeadingAge Connecticut.

Tiffany Kuczynski, RN, assistant director of nursing, nominated Rosa for the honor. "Rosa consistently provides phenomenal care to our residents. She is someone that is very genuine, always smiling and ready to offer a helping hand. She really enhances the quality of life for the residents," the nomination reads in part. "We appreciate the many years of exceptional service and dedication she has given to our residents that make our facility the amazing establishment that it is."

Five other CNAs representing Hartford HealthCare Senior Services were also honored.

Congratulations, Rosa! You and our other CNAs truly enhance the quality of life for Jerome Home and Arbor Rose residents.



**Senior Prom**

Residents show their finery on their way to the Senior Prom at New Britain High School. They are, from left,



For a free lunch & tour of Jerome Home, contact:  
 Nicole Archambault-Benson, Admissions Director  
 at:



For a free lunch & tour of Arbor Rose, contact:  
 Denise Lebrocqy, Retirement Counselor  
 at:

**860.229.3707**

Rehabilitation & Health Center, Skilled Nursing Care

Independent & Assisted Living with Memory Care



# Monthly Review

A monthly newsletter for residents and family members of Jerome Home and Arbor Rose

May/June 2019

Vol. 5, Issue 3

## Arbor Rose & Jerome Home Alzheimer's Walk team garners top recognition

The Arbor Rose at Jerome Home Walk to End Alzheimer's team was honored as first place corporate team for fundraising supporting the Oct. 14 event in Hartford. During the celebration held March 20, it was announced that Arbor Rose and Jerome Home raised \$11,750 while Hartford HealthCare Center for Healthy Aging realized fifth place with \$3,329. Mulberry Gardens of Southington, at 24th place, raised \$1,425.

The Hartford Walk to End Alzheimer's, which was held at Rentschler Field in East Hartford, raised more than \$320,000 for research and education. Every 68 seconds, someone develops Alzheimer's disease, the most common form of dementia, a group of disorders that impairs cognitive functioning. At current rates, experts believe the number of Americans living with Alzheimer's will quadruple to as many as 16 million by the year 2050, See **Walk** on page 2



Denise Lebrocqy, Arbor Rose retirement counselor, left, and Patty O'Brian, dementia specialist with Hartford HealthCare Center for Healthy Aging, display the award certificate.

## Jerome Home CNA receives Caring Hands Award

Rosa Marin, CNA, has been dedicated to Jerome Home since she was hired 12 years ago, consistently demonstrating a commitment to exemplary care. On April 8 she was honored with a Caring Hands Award by LeadingAge Connecticut. She and other CNAs from across the region received their awards at a luncheon that was held at the Aqua Turf Club, emceed by Scot Haney of WFSB-TV.



Rosa Marin, CNA, center, receives congratulations from Jerome Home Executive Director Lori Toombs, left, and Sue Pavano, director of nursing, at the Caring Hands Awards ceremony.

"The Caring Hands Award is a recognition of the contribution that nursing aides provide in enhancing the quality of life for older adults. The focus is on honoring those who See **Caring** on page 4

**Jerome Home and Arbor Rose honor its volunteers**

Jerome Home and Arbor Rose collectively celebrated its wonderful volunteers by hosting a Volunteer Appreciation Dinner on April 11. Greg Sieron, director of dining services, and staff presented a delicious surf and turf dinner while live piano music was played in the background. Our invaluable volunteers are involved with many activities including our Life Story program, pet therapy sessions and handmade prayer wraps.



Several volunteers, from left, Rose Carlone and Jeanne Wischenbart, Eucharistic ministers, and their husbands gather for the appreciation dinner held April 11.

Volunteers include:

Arbor Rose: Harvey Berman (resident), AnaLuisa Brown, Kathy Cameron, Julia Ferraguto, Graham Hall (resident), Sophia Marder, Julie Marinelli, Linda Nadeau, Karen Pagliaro, Lynn Rouleau, Marco Vernacatola and Sarah Warner

Jerome Home: Bob & Judy Anderson, Dennis Beaupre, Louise Cody, Barbara Cass, Rose Carlone, Kathleen Day, Mary Fournier, Anne Gurr, Barbara Kirejczyk, Mary Marrocco, Susan McKeown, Phyllis McMahan, Carol Miliski, Karen Palmunen, Cindy Pavano, Hilda Perez, Nancy Roman, Delia Russell, Kelly Shea-Gallagher, Kate Sanderson, Barbara Schultz, Jeanne Wischenbart and Sister Barbara Wanat.

On behalf of the residents and staff, thank you to everyone for your dedication and commitment to Jerome Home and Arbor Rose!

**Arbor Rose chefs garner awards**

Arbor Rose chefs Dennis DeCerbo and Trevor Lee competed at the Connecticut Assisted Living Association (CALA) annual conference and trade show on April 11 in Cromwell. In the Chef Challenge, Dennis won first place for the beef flight category and Trevor won second place for the poultry flight category.

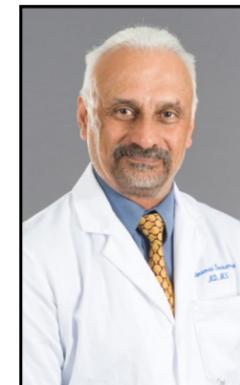
The Chef Challenge, open to CALA members, was designed "to showcase their talents and gain exposure for the high quality dining service they provide to their residents," according to CALA.

Congratulations!



From left are, Trevor Lee; Paul Stasiak, dining staff; Violetta Tokarczyk, Arbor Rose dining director, and Dennis DeCerbo.

**Dinner with the Doc to focus on back pain and treatments**



Back and neck pain can limit life's activities. However, many advances have been made in treatments for those affected due to injuries or conditions including spinal stenosis, degenerative discs and pinched nerves. A free Dinner with the Doc on Tuesday, June 4 will focus on the causes and treatments for chronic back pain.

Presenter Subramani Seetharama, MD, Chief, Physical Medicine & Rehabilitation, Hartford Hospital, will lead the program and share information about The Hospital of Central Connecticut Spine Center.

Dinner with the Doc will be held 5 to 7 p.m. at Arbor Rose. A light complimentary dinner will be served. Seating is limited and registration is required. To RSVP, call 1.855.HHC.HERE/ 1.855.442.4373.

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according to the Alzheimer's Association.

Arbor Rose and Jerome Home has supported the event for more than 10 years by hosting special fundraisers in addition to having walk sponsors.

"We love having a team for the Walk to End Alzheimer's each year, and raising money to help find a cure promotes awareness in and around the community," said Denise Lebrocquy, retirement counselor, Arbor Rose, and walk team captain. "We see every day how Alzheimer's affects the entire family, and fundraising events give us all a little hope that one day, there will be a cure."

Other Hartford HealthCare Senior Services teams participated in the New London and Litchfield area walks, with Hartford HealthCare Center for Healthy Aging achieving the fifth-



place corporate team spot in Litchfield.

To get involved with the Arbor Rose at Jerome Home's 2019 Walk to End Alzheimer's team, contact Denise Lebrocquy, retirement counselor, Arbor Rose, at 860-356-8256.

**Creative Corner: Thoughts, Insight, & Inspiration: Life after Death**

By Fayna B., resident

Life could be measured not by how long one lives, but how one lives. Quoting Yogi Berra, "It ain't over 'til it's over."

Recent research has shown that many people's level of stress, ability to cope and quality of life can improve with participation in a well-designed support group. Your new life must have a balance - life may seem unreal ... Denial is fine as long as it is not keeping you from a truth that can help you.

Make the most of you! Leave everything a little better than you found it.

Remember the most important changes generally don't come from the "Big Things"

that happen to us; it's the small things that happen to us. Small things can be very powerful; they can go far beyond our inner expectations ... this long road we are going over. Remember there are no shortcuts.

Share your vision and work a plan and Cope. Sometimes you have to remember coping is up to you. You're the logical person to find the way.

Take command of your life. Follow your instincts ... and hope.

- Life
- Linger
- Listen
- Learn